

FREE ACCESS AWAKEN HEALING ENERGY HIGHER INTELLECT

Exploring Chakras

Exploring Chakras is a brilliant highly illustrated and comprehensive exposition of the system of chakras a network of energy within your subtle body. Inside you will discover the 14 main chakras responsible for physical, mental, and spiritual activity and evolution. A magnificent companion book to Dr Shumsky's Exploring Meditation this book links the practice of meditation to the highest attainment of self-realisation by connecting it with the body's energy vortices-the chakras.

AWAKENING THE HOLOGRAPHIC HUMAN

Awakening the Holographic Human is a comprehensive reference book on healing and higher consciousness through the use of the natural intelligence found in flowers, herbs, gems, color, the human energy system, and the astrological archetypes. It is for anyone interested in physical, psycho-spiritual, and emotional healing; personal and/or planetary transformation; the development of higher states of consciousness; or actualizing human potential.

Awaken Your Healing Power

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Energy Healing for Everyone

"It has helped change my life for the better! Highly recommended!"—John Perkins Energy Healing for Everyone offers an accessible healing technique for body, mind, and spirit that is easy to learn and master. Drawing from a series of personal mystical experiences, world-renowned energy healer Brett Bevell reveals an ancient technique of communing with the divine source of eternal light which underlies the web of all creation. In this light, we can release our wounds and fears, and embrace the knowledge that all things are aspects of this one divine presence. For the first time, Brett reveals the secret of how to share, teach, and extend this inspired healing technique to anyone for any condition needing healing.

Spiritual Awakening

Are you looking for a powerful guide to awake your Inner Energies and Improve your Spiritual Practices? Do you feel the need to meditate and to be spiritually reborn? This travel will take you to discover hidden powers locked inside you and teach you techniques to release them! You will have at your disposal a complete and powerful guide to spiritual self-healing. Spiritual Awakening box set Includes following 4 Books: Chakra Awakening Guided Meditation To Awaken Your 7 Chakras, Third Eye Chakra, Attain Psychic Awareness & Clairvoyance. Enhance Intuition, Mind Power & Heal Your Body To Achieve Spiritual Healing. Third Eye Awakening How To Awaken Your Third Eye Chakra, Increase Mind Power, Empath, Psychic Abilities,

Intuition & Awareness Using Chakra Meditation & Self Healing. Kundalini Awakening: Awaken Kundalini Energy, Improve Psychic Abilities, Intuition, Higher Consciousness, Third Eye. Expand Mind Power, Heal Your Body Through Kundalini Yoga & Chakra Meditation. Kundalini Awakening Guided Meditation To Develop Emotional Intelligence, Psychic Abilities, Awareness, Intuition, Awaken Third Eye Chakra & Chakra For Beginners. Activate Breathing & Healing Body. In this bundle you will learn what Chakras are, how we discovered their existence and who has them and can heal them. You will find everything you need to know about secret way to perform mind and body balancing practices. You'll know how to awaken the Third Eye which is associated with Spirituality and understanding of Spiritual Things. Many people mistake this for being religious, although one can be religious without being Spiritual. When the Third Eye is opened, it changes your life and your perspective of things and you have this feeling of inner wellbeing that you may never have otherwise experienced. It's almost akin to the opening of a door to understanding. You will get all the tools you need to practice Kundalini Yoga and awaken Kundalini energy. Kundalini yoga, which works not only to awaken the dormant serpent energy but also to retain the balance of these energy systems, is a synthesis of several yoga practices and focus on breath, postures, and guided meditations to engage the primal life-force within. The topics of this box set are treated in depth, the change in your spiritual life is contained in this meditation path that only this book can give you. Are you ready to discover this exciting spiritual world? You will discover things about yourself that you have never known... Begin today this journey to discover your spirituality and make your life better and more balanced with the Spiritual Awakening.

Awakening to Higher Frequencies

Awakening to Higher Frequencies takes you on a journey of personal connection to your soul - one that enriches your life and your relationships. By exploring the light of your soul, you will learn how to raise your - and the collective - frequency, helping to remove blocks and embrace the full manifestation of your life's purpose. The result will help to expand your capabilities as a healer, while also contributing to the healing of our planet. This teaching will open you up to greater personal potential in all aspects of your daily life, setting the stage for heightened consciousness by connecting you to the movement of your Core Essence and the higher frequencies. The authors specifically address the fascia and its inter-dimensional role in supporting more expansive ongoing development while also exploring: soul contracts, evolution, boundaries, intuitive development, the light body, and rainbow bridge, to name just a few. As they teach you how to work with angels and spirit guides, the authors focus on unconditional love and the role of the heart throughout this life-changing work. This book is filled with new techniques, wisdom, and gifted insight to support your personal growth as you expand your toolkit and use it to practice on yourself and with others and 'Live in the Moment of Magic.' \"If you're really ready to become your true self, and evolve this world accordingly, I don't believe this book is optional. It's not one to glance at and put away for a rainy day. It's an education. An instrument. A treatise of sorts for uplifting and upshifting yourself and the world.\" - Cyndi Dale, Author of 30 internationally renowned books including 'Energy Healing for Trauma, Stress & Chronic Illness'

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Chakra For Beginners. Activate Breathing & Healing Body In this bundle you will learn what Chakras are, how we discovered their existence and who has them and can heal them. You will find everything you need to know about secret way to perform mind and body balancing practices. You'll know how to awaken the Third Eye which is associated with Spirituality and understanding of Spiritual Things. Many people mistake this for being religious, although one can be religious without being Spiritual. When the Third Eye is opened, it changes your life and your perspective of things and you have this feeling of inner wellbeing that you may never have otherwise experienced. It's almost akin to the opening of a door to understanding. You will get all the tools you need to practice Kundalini Yoga and awaken Kundalini energy. Kundalini yoga, which works not only to awaken the dormant serpent energy but also to retain the balance of these energy systems, is a synthesis of several yoga practices and focus on breath, postures, and guided meditations to engage the primal life-force within. The topics of this box set are treated in depth, the change in your spiritual life is contained in this meditation path that only this book can give you. Are you ready to discover this exciting spiritual world? You will discover things about yourself that you have never known... Begin today this journey to discover your spirituality and make your life better and more balanced with the Spiritual Awakening. Scroll up, click on \"Buy Now with 1-Click\" and Get Your Copy Now!

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Awakening Nature's Healing Intelligence

This book gives readers an unprecedented insight into the common focus all natural health approaches--the body's inner intelligence.

Real Healing, Real Awakening

Do you want to be free of fear, confusion and suffering? Do you want to gain peace of mind, fulfillment and empowerment? Do you want to be able to give something positive back to this world as a part of expressing your unique potential? This book is designed to help you achieve these goals and to make a real difference to your life. It will do this by fundamentally changing the way you see yourself and the world around you. This change will both awaken and realign your consciousness to where it is in harmony with the Universal Laws of Consciousness. The Universal Laws of Consciousness determine the healing and enlightening of the human mind and its governing Soul. All that is needed is your desire to be free and a solid commitment to pursue the ideal of Love as a healing and awakening force in your life. Love, along with the limitless wisdom that it contains, is right with you, like your closest companion. You may not know this yet. You may not be able to feel it yet, but you will, so long as you don't give up. You are on a quest to find your true Self, beyond what you can perhaps imagine right now. Just know that what you will inevitably find is beautiful beyond description, no matter what, in your present state of confusion, you think you are at this moment. The treasure of all treasures awaits you and it has your name on it. Real Healing, Real Awakening is forged from genuine experience and universal truth. It is a guide to awakening to new, more expansive levels of consciousness.

Healing Ourselves

In 2002, Grace J. Scott began to receive messages from those beyond the grave. Grace felt it her duty to record their voices, their thoughts, and even their warnings. Awakening of the Soul is the amazing result. This intriguing collection of channeled thoughts from souls in heaven, other planetary systems, and other universes will benefit those seeking spiritual growth as well as those wanting information about preparing for upcoming Earth changes. Much of the material is packed with information and requires time to read and digest while other material is simple and easily understood. Presented in chronological order as received in reflexology sessions, the conversations are completely original, unedited, and unorganized, straight from the spirit itself. Some spirits channeled big lessons for the general public or gave messages to individuals while some explained disasters, politics, wars, dreams, and events in our daily lives. But all of the souls have one thing in common: they bring news that Earth is cleansing itself at a rapid pace, and they are here to assist us through the cleansing and beyond. Epic in scope, Awakening of the Soul is a vital tool for those looking to the future and to the fate of Earth itself.

Awakening of the Soul

VortexHealing® Divine Energy Healing is a holistic system of energetic healing and a path to awakening, guided by divine intelligence. “Without any doubt VortexHealing is the most profound & significant event that I have experienced in this lifetime.” Colin Snow, Tai Chi instructor. USA “I have experienced every type of healing modality I am sure, all the yogas that you can think of, I have been to see the Dali Lama in Northern India, I have sat for hours in meditation, and have tried many Chinese medicines, but nothing comes even close to the profound and powerful transformational energy that is VortexHealing.” Mahala Wall, yoga teacher & healer. England “I love VortexHealing. It has transformed my life beyond recognition; I am infinitely blessed to be part of this lineage.” Daisy Foss, author & retreat center owner. England “In over ten years of intense exploration of a wide variety of amazing personal development tools, VortexHealing is quite simply the most profound and impactful transformational work I have ever encountered.” Guy Jara, software engineer. USA “VortexHealing transformed my life. After trying many healing modalities, it was the first one that gave me real freedom from childhood traumas and has continued to astound me as to the depth of change it can bring about in my life.” Shiraya Adani, healer. South Africa

VortexHealing® Divine Energy Healing

The guide to engaging and directing the three primordial forces of Earth, Heaven, and Higher Self to achieve enlightenment and immortality • Explains how to circulate the life force, or chi, by balancing yang (male) and yin (female) currents of bioenergy • Includes an overview of the complete Taoist body/mind/spirit

system along with newly refined methods of activating the life force • The sequel to the classic *Awaken Healing Energy Through the Tao* In 1983, Mantak Chia introduced the “Microcosmic Orbit” to the West. Prior to that time, most of the Eastern energy practices transmitted to the West were incomplete, dealing only with the ascending yang/masculine channel, which shoots life-force energy up the spine. The Microcosmic Orbit showed practitioners how to establish the descending yin/feminine channel of the life-force energy loop. Within Taoist systems, cultivating feminine energy has always been seen as the key to gaining balance and wholeness. *Healing Light of the Tao* presents the more advanced methods of chi cultivation in the Microcosmic Orbit, offering a full understanding of Taoist spiritual theory through its comprehensive overview of the complete Taoist body/mind/spirit system. The book also includes more advanced meditation methods for absorbing the higher frequencies of Earth Force, Cosmic Force, and Universal Force (Heavenly chi) into the basic orbit. It establishes a spiritual science that not only emphasizes practical benefits to health, sexual vitality, and emotional balance, but also shows how changes made in the energy body can lead to physical rejuvenation that the Taoists called immortality.

Healing Light of the Tao

“Awakening the Shaman Within: Unveiling the Mysteries of Ancient Wisdom” takes readers on a captivating odyssey into the heart of shamanism—an ancient and revered tradition that has traversed the annals of human history. Through the pages of this transformative book, readers are invited to explore the rich tapestry of shamanic practices, unveiling the hidden wisdom and sacred mysteries that lie within. Chapter by chapter, the book delves into the various facets of shamanism, offering profound insights into its origins, rituals, and significance in modern society. From the ancient practices that were steeped in reverence for the natural world to their adaptation in the context of contemporary living, *“Awakening the Shaman Within”* offers a comprehensive understanding of this time-honored tradition. In the initial chapters, readers are introduced to the calling of the shaman—the mystical bridge between the human realm and the spirit world. Delving into the depths of consciousness, they learn the art of navigating the shamanic worlds—the Lower, Middle, and Upper—wherein reside the keys to healing, wisdom, and transformation. The book further illuminates the significance of the medicine wheel—a sacred symbol that embodies the cyclical nature of existence and serves as a profound tool for personal growth and healing. Readers will uncover the symbolic meanings of the Four Directions and harness the transformative power of the medicine wheel for their spiritual journey. Guardians of the Spirit Realm—power animals and spirit guides—are introduced as essential allies on the shamanic path. With reverence for nature's wisdom and an understanding of the interconnectedness of all living beings, readers forge nurturing relationships with these spiritual allies to receive guidance and insight. The journey continues as readers embrace the shamanic arts of meditation, dream interpretation, and divination, delving into the depths of their subconscious and receiving guidance from the spirit realm. By embarking on shamanic journeys and interacting with celestial beings, they open themselves to cosmic wisdom and unveil the profound truths that lie beyond ordinary reality. As the book progresses, readers learn the sacred practices and rituals of shamanism, from connecting with ancestral wisdom to embracing the balance of masculine and feminine energies. They discover the healing potential of elemental connection and past-life integration, transcending time and space to gain insights from parallel realities. *“Awakening the Shaman Within”* unveils the shaman's vital role in the community, emphasizing collective healing, shamanic leadership, and ethical practice. Recognizing the symbiotic relationship with Earth, readers are empowered to become guardians of Gaia, fostering ecological activism and sustainability. In the concluding chapters, the book beckons readers to integrate shamanic wisdom into everyday life, becoming luminous warriors who embody spiritual illumination and serve humanity with love and compassion. By embracing the call of the sacred and the extraordinary, readers awaken the dormant shamanic essence within, stepping into a profound journey of awakening, healing, and self-discovery. As you embark on this transformative voyage, *“Awakening the Shaman Within”* invites you to unveil the mysteries of ancient wisdom and embrace the profound interconnectedness of all life. Prepare to awaken the shaman within you and traverse the realms of spirit, consciousness, and nature, where healing and spiritual evolution await.

Awakening the Shaman Within

One woman's story of healing through Aboriginal principles and awakening to her own healing powers • Explains principles from the 60,000-year-old Aboriginal culture of Australia that can help create transformation in your life • Details her experiences participating in secret women's ceremonies with an Outback Aboriginal tribe • Describes how she recovered from illness, met her team of spirit guides, coped with her husband's passing, and found that love can transcend death Sharing her journey from bedridden patient to inspired healer, Robbie Holz recounts her recovery from hepatitis C, fibromyalgia, and treatment-induced brain damage, as well as the blossoming of her own healing powers, through her work with her husband, the late healer Gary Holz, and her experiences with a remote tribe in the Outback of Australia. Robbie describes many of the miraculous healings she witnessed while working with Gary in his Aboriginal-inspired healing practice. She details the powers that Gary developed after his transformative time being healed by Aborigines, including telepathy, seeing the inner workings of his patients' bodies, and channeling the healing energy of the universe. She discloses how Gary accessed the Dreamtime, the energy field that is the source of reality, and reveals how her work with Gary led her to an invitation to participate in secret Aboriginal women's ceremonies in the harsh Outback desert, where her own healing powers blossomed. Through her story of healing and discovery, Robbie describes principles from the 60,000-year-old Aboriginal culture that can help create transformation in your life. She explains how she became aware of her team of spirit guides, who provide unwavering support and unconditional love through each of life's struggles. She shares the tenderness of her husband's final moments and how she worked past her grief to transform her relationship with him, enabling him to become an active, loving part of her spirit team and partner in her healing work.

Aboriginal Secrets of Awakening

Resonance Alchemy takes you on a remarkable journey of discovery that will expand your consciousness and transform forever the way you view yourself and your reality. Based on the author's direct experience, this journey begins with a mysterious gift from a group of celestial Light Beings. Their gift leads to the unveiling of ancient but long hidden techniques designed to assist humanity in the current shift of consciousness now taking place. Join Katherine as this ancient knowledge unfolds, from the revelation of a universal language of Sacred Syllables to the discovery of a unique healing method based on the vibrational resonance of this sacred language. Learn how these Sacred Syllables can bring your body, soul, and spirit back into harmony with their Divine Design. Transform your consciousness as you gain a profound new understanding of inner alchemy and shift your perspective from separation to unity with your Divine Nature. Discover powerful methods that will: - open your heart and develop your intuition - activate your body's power to achieve and maintain radiant health - reconnect you to your Higher Self and accelerate your spiritual evolution; and - help you achieve a profound inner alchemy of body, soul, and spirit.

Resonance Alchemy

This complete manual, in conjunction with traditional training, is an excellent guide to understanding Reiki and its spiritual practices.

Reiki Healer

Celtic magic. These words conjure up images of Druids and mystical oak groves, daring Irish warriors, fairies, elves, and ancient deities who took an active part in the lives of the people who worshipped them. Practical and easy to understand, Celtic Magic offers important features that distinguish it from other books written about the Celts: An in-depth discussion of Celtic culture and customs A complete listing of Celtic myths and deities Step-by-step instructions for spellwork, ritual, meditations, and divination to help you gain insight or make changes in your life This friendly Celtic magic book is designed for both beginners and those who possess intermediate-level magical skills--and anyone who simply has a great interest in Celtic history,

lore, and magic.

Celtic Magic

A guide to the foundational practice of “smiling to the organs” to promote deep relaxation and internal health

- Presents exercises that dissolve the physical and mental tensions that can cause energy blockages and unhealthy chi flow
- Shows how to recognize illness at its inception on the organ level and how to balance the emotions to heal it

The Inner Smile is a practice that focuses gratitude and joy on the internal organs to resolve the physical and mental tensions that can lead to illness. In Taoism negative emotions--anger, sadness, depression, fear, and worry--are seen as low-grade energy that causes chronic disease and steals our major life force by creating energy blockages. Master Mantak Chia shows that the internal awareness produced by the simple yet powerful Inner Smile meditation practice flushes the organs of poisonous negative energy that may be blocking chi energy flow in order to nourish the entire body. Just as a genuine outer smile transmits positive energy and has the power to warm and heal, an inner smile produces a high grade of energy that promotes powerful internal healing, deep relaxation, happiness, and longevity. Smiling to the organs and thanking them for the work they do helps to reawaken the intelligence of the body, which, once activated, can dissipate emotional imbalances and inner disharmony before serious illness manifests.

The Inner Smile

Holistic healing, hands on healing, physical healing, emotional healing, learning to feel emotions and relearning to feel emotions, the philosophical implications of a flexible reality, awakening, achieving a state of continuous presence, achieving enlightenment.

Energy Healing and the Art of Awakening Through Wonder

Contents: the Gate to the Path; Tones of Cathedral Bells in Your Body; Four Brains & Improvement vs. Transformation; Two Stupendous Truths - Life & Death Reversed; Spiritualized Matter & Responsiveness; the Seven God Rays of Creation; Spoken Word -.

Greater Spiritual Responsiveness of Body and Awakening the Brain of Spirit

If you're suffering from chronic illness and persistent symptoms, this book holds a revolutionary solution. Prepare to discover a new dimension of healing. Perhaps you're struggling with a seemingly incurable illness. Or maybe a loved one is showing prolonged symptoms. Whatever your situation, Kimberly Meredith is here to show you a way out of the suffering. Awakening to the Fifth Dimension means tapping into your full potential. It means entering a higher state of consciousness and opening up to unconditional love, forgiveness and acceptance. Full of practical methods, nutrition, case studies and testimonials, Awakening to the Fifth Dimension will empower you to confront your own health struggles and find true, lasting healing. You'll discover:

- methods to alleviate mental, emotional and physical ailments
- spiritual practices that will lift you into the realm of the Fifth Dimension
- stories, exercises, prayers, affirmations, and other information to elevate your mind, body and soul.
- a chapter on nutrition, supplements and recipes to support your healing
- ways to enter a higher state, including crystals and meditation

This book will open a portal into the Fifth Dimension way of thinking and living. Find happiness and freedom with Kimberly's gentle wisdom and guidance.

Awakening to the Fifth Dimension

Taoist Esoteric Yoga is an ancient, powerful system of physical, psychological and spiritual development encompassing meditative and internal energy practices. This unique and comprehensive book reveals the Taoist secret of circulating Chi, the generative life force, through the acupuncture meridians of the body. This

comprehensive list includes: Opening the Energy Channels; Proper Wiring of the Etheric Body; Acupuncture and the Microcosmic Orbit; Taoist Yoga and Kundalini; How to Prevent Side Effects; MD's Observations on the Microcosmic Orbit. Written in clear, easy-to-understand language and illustrated with many detailed diagrams that aid the development of a powerful energetic flow, for psychological and spiritual health and balance.

Awaken Healing Energy Through the Tao

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"This carefully edited collection of William Walker Atkinson has been designed and formatted to the highest digital standards and adjusted for readability on all devices. The Art of Logical Thinking The Crucible of Modern Thought Dynamic Thought How to Read Human Nature The Inner Consciousness The Law of the New Thought The Mastery of Being Memory Culture Memory: How to Develop, Train and Use It The Art of Expression and The Principles of Discourse Mental Fascination Mind and Body; or Mental States and Physical Conditions Mind Power: The Secret of Mental Magic The New Psychology Its Message, Principles and Practice New Thought Nuggets of the New Thought Practical Mental Influence Practical Mind-Reading Practical Psychomancy and Crystal Gazing The Psychology of Salesmanship Reincarnation and the Law of Karma The Secret of Mental Magic The Secret of Success Self-Healing by Thought Force The Subconscious and the Superconscious Planes of Mind Suggestion and Auto-Suggestion Telepathy: Its Theory, Facts, and Proof Thought-Culture - Practical Mental Training Thought-Force in Business and Everyday Life Thought Vibration or the Law of Attraction in the Thought World Your Mind and How to Use It The Hindu-Yogi Science Of Breath Lessons in Yogi Philosophy and Oriental Occultism Advanced Course in Yogi Philosophy and Oriental Occultism Hatha Yoga The Science of Psychic Healing Raja Yoga or Mental Development Gnani Yoga The Inner Teachings of the Philosophies and Religions of India Mystic Christianity The Life Beyond Death The Practical Water Cure The Spirit of the Upanishads or the Aphorisms of the Wise Bhagavad Gita The Art and Science of Personal Magnetism Master Mind Mental Therapeutics The Power of Concentration Genuine Mediumship Clairvoyance and Occult Powers The Human Aura The Secret Doctrines of the Rosicrucians Personal Power The Arcane Formulas, or Mental Alchemy Vril, or Vital Magnetism ...

WILLIAM WALKER ATKINSON: 50+ Books in One Edition (The Power of Concentration, Thought-Force in Business and Everyday Life, The Secret of Success, Mind Power, Raja Yoga, Self-Healing...)

This carefully edited collection has been designed and formatted to the highest digital standards and adjusted for readability on all devices. The Art of Logical Thinking The Crucible of Modern Thought Dynamic Thought How to Read Human Nature The Inner Consciousness The Law of the New Thought The Mastery of Being Memory Culture Memory: How to Develop, Train and Use It The Art of Expression and The Principles of Discourse Mental Fascination Mind and Body; or Mental States and Physical Conditions Mind Power: The Secret of Mental Magic The New Psychology Its Message, Principles and Practice New Thought Nuggets of the New Thought Practical Mental Influence Practical Mind-Reading Practical Psychomancy and Crystal Gazing The Psychology of Salesmanship Reincarnation and the Law of Karma The Secret of Mental Magic The Secret of Success Self-Healing by Thought Force The Subconscious and the Superconscious Planes of Mind Suggestion and Auto-Suggestion Telepathy: Its Theory, Facts, and Proof Thought-Culture - Practical Mental Training Thought-Force in Business and Everyday Life Thought Vibration or the Law of Attraction in the Thought World Your Mind and How to Use It The Hindu-Yogi Science Of Breath Lessons in Yogi Philosophy and Oriental Occultism Advanced Course in Yogi Philosophy and Oriental Occultism Hatha Yoga The Science of Psychic Healing Raja Yoga or Mental Development Gnani Yoga The Inner Teachings of the Philosophies and Religions of India Mystic Christianity The Life Beyond Death The Practical Water Cure The Spirit of the Upanishads or the Aphorisms of the Wise Bhagavad Gita The Art and Science of Personal Magnetism Master Mind Mental Therapeutics The Power of Concentration Genuine Mediumship Clairvoyance and Occult Powers The Human Aura The Secret Doctrines of the Rosicrucians Personal Power The Arcane Teachings The Arcane Formulas, or Mental Alchemy Vril, or Vital Magnet

The Complete Works of William Walker Atkinson

What if one of the most effective tools you have to restore your health is not surgery or medications, but your own hands? Incredibly, your hands can heal you -- with the \"energy medicine\" of Pranic Healing. A powerful system that is rapidly increasing in popularity, Pranic Healing works with your own natural, vital energy -- which is also called prana -- to accelerate your body's innate self-healing ability. Amazingly easy to learn and apply, Pranic Healing uses a series of powerful but simple methods to generate energy, including non-touch hand movements; energetic hygiene, the practice of keeping your personal energy tank clean and full; breathing; and brief meditations. Using these unique techniques, you can identify, clear, and purify unhealthy, imbalanced energy and replace it with fresh energy that helps your body heal itself from a wide range of physical, psychological, and emotional symptoms and disorders. A self-healing guide for 24 ailments, including physical and sports injuries, chronic arthritis, irritable bowel syndrome, insomnia, hypertension, headaches, backaches, congestion and colds, menstrual cramps, even depression and stress-related disorders, is included. With step-by-step instructions, line drawings, and numerous real-life medical stories, *Your Hands Can Heal You* demonstrates and explains a revolutionary program that anyone can use to harness the energy of body, mind, and breath to produce health and facilitate repair. Personally trained by Grand Master Choa Kok Sui, who developed Pranic Healing, the authors, Master Co and Dr. Robins, provide the same detailed guidance in *Your Hands Can Heal You* as in the popular Pranic Healing workshops. Additionally, they present, for the first time in any book, the Grandmaster's special modifications to the breathing practices that can dramatically increase your power and energy and rejuvenate and balance your physical, emotional, mental, and spiritual body. This exciting new mind-body health reference proves that you can heal yourself -- with your own two hands.

Your Hands Can Heal You

“A detailed operating manual for healing pain and awakening embodied joy” through body-oriented Somatic Learning practices that incorporate mindfulness, breathing, and more (Rick Hanson, author of *Buddha’s Brain*) *Awakening Somatic Intelligence* offers a guide to Somatic Learning, an innovative body-oriented approach that incorporates mindfulness, visualization, breathing exercises, postures, and stretches. Developed by author, psychotherapist, and award-winning songwriter and poet Risa Kaparo, PhD, Somatic Learning is based on leading-edge research demonstrating the power of the mind to activate physiological, mental, and emotional healing. Kaparo has successfully used her approach with patients suffering from chronic pain, high blood pressure, and mood disorders including depression and anxiety. Recounting her own struggle with chronic pain, Kaparo begins with a moving description of her journey from crippling pain to renewed health and aliveness. Kaparo introduces the concepts and characteristics of Somatic Learning, a method that grew out of her personal healing experience. Incorporating the latest brain research in mindfulness and neuroplasticity, the book presents breathing exercises; postures and stretches for morning and bedtime; instructions for integrating mindfulness practice into one's daily life; and ways of deepening the practice through touch and caring interaction with others. Enhanced with over 100 detailed instructional photos and illustrations, the book includes inspiring case stories and the author's own expressive poetry that illuminate the healing power of this practice.

Awakening Somatic Intelligence

In this book, you will: Learn how unconditional love can awaken your intuitive gifts. Reveal how to open your heart to access your highest intelligence. Uncover how to communicate with your angels and spiritual guides. Awaken your own psychic abilities. Identify the key aspects of a medical intuitive reading. Discern how addiction to staying sick can keep you from healing. Reveal the blessing behind a mental or physical breakdown. Grasp the four key difficulties that lead to health problems. Empower your own spiritual growth.

What Is Healing? Awaken Your Intuitive Power for Health and Happiness

Unicorn Magic teaches you about the true nature of unicorns, why people are now remembering them, and their purpose for returning to this planet at this time. Included in this book are messages, meditations and exercises to help you heal your heart and discover and manifest your soul's purpose. You will find out more about the psychic children, what they have come to teach us and how healing your heart chakra with these powerful tools can lead to an increase in joy, prosperity and success in your life. You will discover 8 unicorn signs and symbols and how to decode messages in numerology. This book will also teach you how to use past lives as a healing modality, how to use quantum physics to discover the ultimate nature of reality and how to use hermetics to understand the vibrational qualities of the elementals, including fairies, mermaids, and sylphs. The teachings in this book will transform your life!

Unicorn Magic

This unique and meticulously edited collection of William Walker Atkinson's greatest works includes: The Art of Logical Thinking_x000D_ The Crucible of Modern Thought_x000D_ Dynamic Thought_x000D_ How to Read Human Nature_x000D_ The Inner Consciousness_x000D_ The Law of the New Thought_x000D_ The Mastery of Being_x000D_ Memory Culture_x000D_ Memory: How to Develop, Train and Use It_x000D_ The Art of Expression and The Principles of Discourse_x000D_ Mental Fascination_x000D_ Mind and Body; or Mental States and Physical Conditions_x000D_ Mind Power: The Secret of Mental Magic_x000D_ The New Psychology Its Message, Principles and Practice_x000D_ New Thought_x000D_ Nuggets of the New Thought_x000D_ Practical Mental Influence_x000D_ Practical Mind-Reading_x000D_ Practical Psychomancy and Crystal Gazing_x000D_ The Psychology of Salesmanship_x000D_ Reincarnation and the Law of Karma_x000D_ The Secret of Mental Magic_x000D_ The Secret of Success_x000D_ Self-Healing by Thought Force_x000D_ The Subconscious and the Superconscious Planes of Mind_x000D_ Suggestion and Auto-Suggestion_x000D_ Telepathy: Its Theory, Facts, and Proof_x000D_ Thought-Culture - Practical Mental Training_x000D_ Thought-Force in Business and Everyday Life_x000D_ Thought Vibration or the Law of Attraction in the Thought World_x000D_ Your Mind and How to Use It_x000D_ The Hindu-Yogi Science Of Breath_x000D_ Lessons in Yogi Philosophy and Oriental Occultism_x000D_ Advanced Course in Yogi Philosophy and Oriental Occultism_x000D_ Hatha Yoga_x000D_ The Science of Psychic Healing_x000D_ Raja Yoga or Mental Development_x000D_ Gnani Yoga_x000D_ The Inner Teachings of the Philosophies and Religions of India_x000D_ Mystic Christianity_x000D_ The Life Beyond Death_x000D_ The Practical Water Cure_x000D_ The Spirit of the Upanishads or the Aphorisms of the Wise_x000D_ Bhagavad Gita_x000D_ The Art and Science of Personal Magnetism_x000D_ Master Mind_x000D_ Mental Therapeutics_x000D_ The Power of Concentration_x000D_ Genuine Mediumship_x000D_ Clairvoyance and Occult Powers_x000D_ The Human Aura_x000D_ The Secret Doctrines of the Rosicrucians_x000D_ Personal Power_x000D_ The Arcane Teachings_x000D_ The Arcane Formulas, or Mental Alchemy_x000D_ Vril, or Vital Magnetism_x000D_ The Solar Plexus Or Abdominal Brain_x000D_ The inner secret

The Complete Works

This comprehensive encyclopedia brings together flower essences gathered from all corners of the globe, from Hawaii and the Himalayas to America and the Australian Bush. It explains what flower remedies are, how they work and how to choose the right remedies for your clients' needs. The properties of 33 families of flower essences and the benefits of over 2,000 remedies, combinations, mists and creams are described. An easy-to-use ailment chart pinpoints remedies for a wide range of physical and psychological conditions, from stress to hormonal imbalance and from allergy to depression. The author provides instructions for prescribing, preparing and using flower remedies alongside illustrative patient case studies. This will be the definitive handbook for practitioners, therapists and students of complementary and alternative therapies working with flower essences and will be valuable reading for those wanting to learn more about how they can use flower essences in their practice.

The Practitioner's Encyclopedia of Flower Remedies

Complete acceptance of our identity is central to our way of life, given every interaction emerges from our authentic self. The Dalai Lama said it puzzled him why so many people in the West suffer from low self-esteem and lack of acceptance. Our personal needs are met when we honor our authentic self. The media's influence portrays a fictitious world that doesn't meet our needs. We are inundated with information to convince us of a news story we can't live without. Yet, we are no better off because we avoid realizing our own authenticity. 'Awaken Your Authentic Self' is a book to reconnect you with the core of your essential self. It is a move away from whom you should be espoused by popular culture. The book invites you to reconnect with the deepest part of your being which knows who you are and how you should live. We are encoded with the DNA to thrive. Yet, through cultural conditioning and paradigms, we lose our place to the pull of our external environment. We subscribe to ideologies and beliefs regarding who we should be because we want to be accepted. This comes at a cost to our self-worth since we give up an aspect of ourselves and lose our authenticity. However, standing out has become a rite of passage insofar as the clothes one wears, hair color, body piercings and decorations. It may be viewed as a show of defiance instead of a proclamation of distinction. You have more power than you realize. More genius than you can imagine. More wisdom and knowledge than you can ever access. This is not a patronizing statement to seduce you into a false belief. You have unlimited power, and accessing that power is the basis to 'Awaken Your Authentic Self.' When you let go of the false belief that you are lacking or inadequate, in that moment you arouse your potential. Who you are today results from your beliefs, thoughts, and ideas of the world. Unless you challenge the status quo, you remain one of the masses. One has only look to mainstream culture to see the effects the media and marketing hype have on our society. We are drawn into a fictitious way of life at the expense of our sanity and earned dollars.

Awaken Your Authentic Self

Follies of an Awakening Fool begs the question: \"What happens when you repeatedly fight the Universe's wake-up calls, pushing them aside for your own desires? Then, when you finally succumb because the knocking on the door is too loud, the answers begin to make sense. In the end, you realize that, maybe, all along everything was happening for an even greater purpose; maybe you weren't really fighting the Universe at all. Divinity is a boundlessly wise force. Melmin, the main character, cuts his teeth in the world through a 20-year naval career, with a lot of confusion and growing general discontent with the world as he sees it. Every turn brings a seemingly new low in his life, culminating in some of his worst horrors coming to fruition. And then he gets a call from the Universe when he's at the bottom of the well, finding a mystical life awaiting him in the Awakening shift of consciousness occurring across the globe. Was it a pre-ordained path, or a decidedly stubborn amnesia of his childhood innocence?

Follies of an Awakening Fool

REVIEW: This book has an immense value to those who really want to transcend the worldly understanding and more to the ultimates of Being. A commendable approach that must be taken advantage of by all in the holistic life and living.

Transmission of Awakening

This carefully crafted ebook: \"WILLIAM WALKER ATKINSON Ultimate Collection – 58 Books in One Volume\" is formatted for your eReader with a functional and detailed table of contents: The Art of Logical Thinking The Crucible of Modern Thought Dynamic Thought How to Read Human Nature The Inner Consciousness The Law of the New Thought The Mastery of Being Memory Culture Memory: How to Develop, Train and Use It The Art of Expression and The Principles of Discourse Mental Fascination Mind and Body; or Mental States and Physical Conditions Mind Power: The Secret of Mental Magic The New Psychology Its Message, Principles and Practice New Thought Nuggets of the New Thought Practical Mental

Influence Practical Mind-Reading Practical Psychomancy and Crystal Gazing The Psychology of Salesmanship Reincarnation and the Law of Karma The Secret of Mental Magic The Secret of Success Self-Healing by Thought Force The Subconscious and the Superconscious Planes of Mind Suggestion and Auto-Suggestion Telepathy: Its Theory, Facts, and Proof Thought-Culture - Practical Mental Training Thought-Force in Business and Everyday Life Thought Vibration or the Law of Attraction in the Thought World Your Mind and How to Use It The Hindu-Yogi Science Of Breath Lessons in Yogi Philosophy and Oriental Occultism Advanced Course in Yogi Philosophy and Oriental Occultism Hatha Yoga The Science of Psychic Healing Raja Yoga or Mental Development Gnani Yoga The Inner Teachings of the Philosophies and Religions of India Mystic Christianity The Life Beyond Death The Practical Water Cure The Spirit of the Upanishads or the Aphorisms of the Wise Bhagavad Gita The Art and Science of Personal Magnetism Master Mind Mental Therapeutics The Power of Concentration Genuine Mediumship Clairvoyance and Occult Powers The Human Aura The Secret Doctrines of the Rosicrucians Personal Power The Arcane Teachings The Arcane Formulas, or Mental Alchemy Vril, or Vital Magnetism The Solar Plexus Or Abdominal Brain ...

WILLIAM WALKER ATKINSON Ultimate Collection – 58 Books in One Volume

This carefully crafted ebook: \"The Complete Works of William Walker Atkinson (Unabridged)\" is formatted for your eReader with a functional and detailed table of contents. The Art of Logical Thinking The Crucible of Modern Thought Dynamic Thought How to Read Human Nature The Inner Consciousness The Law of the New Thought The Mastery of Being Memory Culture Memory: How to Develop, Train and Use It The Art of Expression and The Principles of Discourse Mental Fascination Mind and Body; or Mental States and Physical Conditions Mind Power: The Secret of Mental Magic The New Psychology Its Message, Principles and Practice New Thought Nuggets of the New Thought Practical Mental Influence Practical Mind-Reading Practical Psychomancy and Crystal Gazing The Psychology of Salesmanship Reincarnation and the Law of Karma The Secret of Mental Magic The Secret of Success Self-Healing by Thought Force The Subconscious and the Superconscious Planes of Mind Suggestion and Auto-Suggestion Telepathy: Its Theory, Facts, and Proof Thought-Culture - Practical Mental Training Thought-Force in Business and Everyday Life Thought Vibration or the Law of Attraction in the Thought World Your Mind and How to Use It The Hindu-Yogi Science Of Breath Lessons in Yogi Philosophy and Oriental Occultism Advanced Course in Yogi Philosophy and Oriental Occultism Hatha Yoga The Science of Psychic Healing Raja Yoga or Mental Development Gnani Yoga The Inner Teachings of the Philosophies and Religions of India Mystic Christianity The Life Beyond Death The Practical Water Cure The Spirit of the Upanishads or the Aphorisms of the Wise Bhagavad Gita The Art and Science of Personal Magnetism Master Mind Mental Therapeutics The Power of Concentration Genuine Mediumship Clairvoyance and Occult Powers The Human Aura The Secret Doctrines of the Rosicrucians Personal Power The Arcane Teachings The Arcane Formulas, or Mental Alchemy Vril, or Vital Magnetism The Solar Plexus Or Abdominal Brain The inner secret

The Complete Works of William Walker Atkinson (Unabridged)

Blood. Thick, red, still. I shivered in spite of the comfortable temperature in the room. Staring fixedly at the ooze, I watched the edges curl inward as if it were trying to remove itself from the white linoleum, embarrassed by its own unseemly appearance. Except for the blood, all was normal in the primate biology lab of Loma University. Situated in upscale San Larimor, the campus's property nestles in the rolling hills just northwest of Los Angeles renowned for stately Mediterranean style mansions and frequent celebrity sightings. San Larimor Police Detective, Cate Blaine becomes embroiled in a puzzle of blood, a missing security guard and a deadly chase against time. While searching for the answers to the case, Cate is searching for clues to solving her own inner battle dealing with the senseless loss of her son and husband. As she moves between the real world of crime and the inner chaos of her emotions, she is in jeopardy of loosing her job and her sanity. Thrown into an unwelcome partnership with LU's Private Security chief, Sloane Stevens, Cate fights the impulse to keep case details from the blue-eyed, ex-cop, when . . . The flashlight reflecting off the industrial plastic, made Stan's face and body just visible. Blank eyes stared back at us, a silent scream contorting his features. Sloane's involvement proves almost too much, as Cate races against time . . . murders

and the possibility of her safety.

Foundations of a Global Spiritual Awakening

If you've always wanted to have greater clarity about the world, the power to see and feel what you should be doing with your life, achieve higher levels of consciousness, and also be able to make sense of your emotions and your very existence, then keep reading... You Are About To Discover How To Awaken Your Kundalini To Achieve New Levels Of Spirituality! Do you often feel that your brain power, intuition, will power, psychic awareness (and other psychic abilities), and many other aspects of your life could use a little improvement but the fact that you've never known what is wrong makes you feel helpless? Have you tried all you possibly can to enhance these aspects of life along with such aspects as communication, decision making and more but nothing you've done seem to have any lasting effects and you are sick and tired of it? And do you want to say goodbye to all these struggles and start living your best life, where your psychic abilities, psychic awareness, mind power, intuition, and other aspects of your life are optimal? If you've answered YES, you've come to the right place. Unlocking your mental power and psychic abilities doesn't have to feel like an impossible feat, even if you feel you've tried everything you can unsuccessfully. In fact, it is a lot easier than you may think. On one of the studies carried out to determine the effectiveness of Kundalini awakening, scientists discovered increased energy levels at the cellular level, something which goes to show that Kundalini is effective for boosting energy. Another study also showed that Kundalini has the power to heal various diseases like obesity, chronic fatigue, asthma, chronic headaches and many others. Which goes to show that Kundalini might be the one thing you need to transform yourself. So perhaps you're wondering... What exactly is Kundalini awakening and how does it work? How can you manage the consequences of Kundalini awakening? Is it possible to astral travel and if so, how do you do it? How is intuition beneficial to you? And which are some of the ways to help you attain spiritual awakening? If you have these and other related questions, this book is for you so keep reading. Inside it, you'll find: The basics of Kundalini awakening and manifestation through the chakras All about Prana healing and the four elements and their corresponding zodiac signs How to access your akashic records, what that has to do with Kundalini as well as how to practice kundalini meditation Methods of sharpening your intuition and chakra healing techniques How to improve your psychic abilities and connect with your higher self Discovering your spiritual aura and recognizing your mind power The path to enlightenment and the spiritual importance of fasting How to attain spiritual growth and choose the best meditation practice for you And much more Just take a minute and imagine how it would feel to be able to know your future and put everything into perspective, make better decisions thanks to better intuition and improved mental power and much more! Think of how your life would transform for the better... If you've love that to be your life, Scroll up and click Buy Now With 1-Click or Buy Now to get started!

Kundalini Awakening

A book of wisdom teachings and rituals that invoke ancient Egyptian deities to awaken human consciousness

- Provides guided shamanic visualizations to invoke 26 of the most significant gods
- Takes the reader through shamanic portals of death, rebirth, and illumination
- Reconciles internal conflict through a sacred marriage of heart and mind

In *Shamanic Mysteries of Egypt*, Nicki Scully and Linda Star Wolf renew humanity's connection to the ancient gods of Egypt, the neteru. Voices from these divine ancestors remind us of the healing power of the heart, and call us to bring their consciousness into the present to help us remember our true nature as divine humans with sacred purpose. The authors provide rituals, meditations, and rites of passage to help us meet our personal and planetary challenges with grace, wisdom, and love. The shamanic initiations provided are invoked, directly experienced, and transformed into embodied wisdom that awakens consciousness and illumines the intelligence of the heart. Scully and Star Wolf focus their rituals on 26 of the primary divine entities that preside over the ancient mysteries whose roots are in Old Kingdom and pre-historic Egypt. This fresh interpretation of ancient mysteries unites the energies of Thoth and Anubis to guide us through the current cycle of Earth changes and to help us remember who we really are at heart. Through these passages, Anubis lives up to his ancient title as the Opener of the Way, and Thoth as the

Architect of Higher Learning. Together they evoke their power to unite heart and mind in the sacred marriage that brings transformation, renewal, and the awakening of consciousness.

Shamanic Mysteries of Egypt

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